## Introduction to Women's Health Issues

# Physical Therapy in San Ramon for Women's Health Issues

Over their lifetime, women experience changes and different conditions within the body that men never will. A woman's body has special characteristics that put it into a class of its own.

Because a woman's body has certain abilities that a man's does not, it is obvious why women are susceptible to several health issues and painful conditions that men will never encounter. Everything from monthly menses to childbirth to menopause, all are natural experiences that women encounter which have the potential to cause discomfort, pain or associated health problems.

Physical Therapy is a fantastic educational, emotional or physical solution that women can turn to when seeking comfort and relief from female-specific problems. There are numerous treatments and therapies that can assist women when dealing with any female condition, whether it is before, during or after the onset of problematic symptoms.

Click on one of these links to learn more about:

- Chronic Pain
- Pelvic Floor Health
- Pain after Child Birth